

Lakeside Lab Summer Course Supply Checklist

The weather in Northwest Iowa is variable - please be prepared for anything - wind, rain, snow, heat and insect life.

PLEASE LABEL ALL YOUR GEAR

It is strongly recommended that you label all of your possessions - if your name is on it, we can return it to you (and is less likely to be mistaken for someone else's stuff). Colored duct tape and/or sharpie markers are all you need to make sure your gear finds its way back to you.

The Basics

- Driver's License/ID
- Cash
- Credit/Debit Card
- Cell phone & Charger
- Health Insurance Info

Cabin Gear

- Sheets/pillow
- Blankets/Sleeping Bag
- Towel and wash cloth
- Flip-flops/shower shoes
- Small fan
- Flashlight/headlamp

Class Stuff

- Bug Spray
- Sunscreen
- Textbooks/Notebooks/Pens
- Binoculars (check with instructor)
- Water Bottle
- Travel coffee mug

- Sunglasses

Clothing

- Long-pants
- Shorts
- T-shirts
- Long sleeved shirt
- Swimsuit
- Warm clothes for layering
- Rain jacket
- Rain pants
- Hat
- Bandana
- Hiking boots or shoes
- Waders or knee boots (check with instructor)
- Extra socks/underwear

Fun Stuff

- Fishing pole/gear
- Frisbee
- Bicycle and lock

- Games (cards/board games/etc.)

Personal Items

- Toothbrush
- Toothpaste
- Floss
- Deodorant
- Hair brush/comb
- Soap
- Shampoo
- Chapstick
- Pain reliever
- Personal medications
- Spare eyewear
- Poison Ivy Treatment
- Liquid bandage or band-aids

